

UDC 378.1

## SOME FEATURES OF FORMATION OF SELF-DEVELOPMENT LIVING ACTIVITIES CULTURE OF THE TEACHER OF PHYSICAL CULTURE

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**Summary.** The article considers the possibility of creating a self-development living activities culture in the future teachers of physical culture, given the four-level model of formation of self-development living activities culture, reflected the basic concepts.

**Keywords:** self-development living activities culture; physical culture.

By culture we understand the mechanism and product verification of the truthfulness of superposition field of meanings and values of anthropological and noosphere genesis in micro-, meso-, macro – and megascale, revealing ideas and the quality of the transformation of internal and external social, socio-professional and professional and pedagogical insurance, has the ability and energy synergistic and dialectical regulation of all aspects of anthropological processes, including the priorities of relations and norms in society to products and vectors (matrices) modification (conversion) of matter and life.

Under the self-development living activities culture (CSR) will understand four (four) standard distribution of development of methods of cognition and transformation of the objective environment, reduced to an object, individual, subjective and personal to tumors with general learning resources and achievements particular context. Define object, individual, subjective and personal tumors on the activities of the teacher, thereby defining the term “culture of independent work of a teacher”:

The first level is the object, – this level defines the foundation for developing and stable personality which has the potential of self-knowledge, self-development, self-realization and other categories of modern pedagogy associated with direct and indirect participation of the individual in determining resource development, i. e. the ability to identify contradictions and their timely manner. At this level the CSR-subject education and collaboration

in the destination set should be formed competence in ways commit information (annotations, statements, records, notes, plans, abstracts, classification, quotes, essays, etc.), which is the pedagogical theory and practice to the general competences, facilitating the subject of learning ability and efficiency-making models of optimal search resources and ways of transformation of the environment, which the teacher physical culture (FC) connected with the conduct of a healthy lifestyle, the choice of the type of sport that is most appropriate for individual physical activity, the totality of means of material and moral fields in the anthropological system that creates the identity as an integral education, capable of identifying all areas of activity and communication in the structure of the system of constraints and opportunities of space and time. Second level – individual. This level hierarchical continues the previous level, more new layer or creating a bridgehead (field) to model a variety of means, facilitating solutions to a variety of socio-pedagogical problems, contradictions, problems and dilemmas. Accurately CSR is determined by the ability of the individual to successfully simulate products in all spheres of human activity. The set of competences of teachers FC, allowing to note that in developing person-professional formed tumors individual level CSR is the process and the result of the accumulation of theoretical developments level of professional-pedagogical activity, predisposing to verify the truthfulness of the author’s pedagogical practices. Professional

competence of the teacher determine the process and the result of formation of basic knowledge of psychological and pedagogical Sciences, the ability to highlight contradictions related to the direct professional activity of a teacher, implemented in the product pedagogical modeling. The teacher FC are various lessons, classes, programs, and with the accumulation of experience in this and educational, educational-methodical manuals and recommendations.

The third level is subjective. On a subjective level busi-motivated CSR teacher FC appears the experience of testing the truth of the previous layer (level) the formation of the CSR, which is manifested in the fact that models and products of intellectual activity included in the system of professional-pedagogical work on the basis comfortable, best, a good resource material and ideal nature. The fourth level – personal, offers a mechanism spread or realization of pedagogical theory and practice of the other teacher. A person identifies himself prospects and creates conditions for self-development, self-improvement and self-realization of a certain group of people included in the micro-, meso-, macro-, mega- and large transfer, helps to create a positive, adequate self-assessment, the required level of preten-

sions, inner motivation of activity, activation formed and developed from the point of view of personal humane pedagogy and psychology structures of personality. Accurately CSR teacher FC sold is determined by the ability of the individual to replenish the Treasury of social and cultural experience a variety of products in the resources of the work.

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